

# You ate my shoes again?



## HALTI Collars for Trainers

To help with dog training try using a HALTI collar.

- Come in various sizes
  - Provide better control
  - Prevents pulling
  - Walking your dog is much more enjoyable
- Halti collars can be found at a local pet store or online at [www.petsmart.com](http://www.petsmart.com).  
Cost: \$18.99



By Susan Luffey  
Pampered Pets & Plants, Inc.

Is your dog running your household? Does Fido bark often, jump on people, and show aggression with his territory? It is never too young to start behavioral training and if you have an unruly adult dog then you have some catch-up training to do!

There are different levels of dog training. The most basic includes commands such as sit, stay, and heel. Though these are “entry level” they are important as a foundation for future training. The next level involves understanding your dog’s social needs. You must build a strong relationship with him so he can trust you and feel secure, as a pack leader would do in the wild. At an even higher level you must employ exercises that stimulate his mind. Important things to remember when training at all levels are:

### Positive reinforcement

Give attention and/or treats for appropriate behavior. Never shout or hit your pet. If you do, he will never trust you.

### Build a strong relationship

Establish yourself as a trustworthy pack leader and he will be less fearful.

### Remain consistent

Do not sometimes enforce rules and at others let your dog wiggle onto the couch.

### When hiring a professional trainer, keep in mind:

- ▶ What techniques do they use? Are they going to yank your dog on a leash or use positive reinforcement?
- ▶ Are they looking to fulfill the needs of Fido as well as your own?
- ▶ Are they interested in building a relationship between you and your pet or establishing your dog as a slave?

Just as you would be cautious entrusting your child to a stranger, be careful when looking for a dog trainer. Ask for references and check those references to make sure they are legitimate.

Dog training can be stressful but in the end you and your pet will have a stress-free, loving, and stable relationship!

For more information about this topic, call Susan Luffey, owner of Pampered Pets & Plants, Inc.: Greater Phoenix 602-547-1121; Maricopa & Prescott, 1-888-547-1121 or visit: [www.pamperedpetsandplants.com](http://www.pamperedpetsandplants.com).  
“They’re not just pets...they’re family.”

## PET & HOUSE SITTING SERVICES



### Pet Sitting Services

- Daily visits, overnights and/or live ins
- Daily journal with each visit
- Health/medication maintenance for pets
- Menu Planning: special needs met
- Dog walking, frisbee/ball throwing
- Waste pick-up
- Lots of TLC!



### Plant & House Sitting Services

- Scheduled home security checks
- Daily newspaper & mail collection
- Indoor & outdoor plant watering & care
- Refuse collection
- Pool maintenance (level & chemical as necessary)



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Valleywide Service  
**602-547-1121**  
[www.pamperedpetsandplants.com](http://www.pamperedpetsandplants.com)

Free initial visit • Bonded/Insured/Worker's Comp.

**Pet Sitters Needed** for live in (extended) stays, 10 hour overnight stays & 30 minute visits. Criminal background check performed, taxes withheld, reliable trans. Dog walking ability. Apply at [www.pamperedpetsandplants.com](http://www.pamperedpetsandplants.com) or call 602-547-1121.

### RECOMMENDED DOG TRAINERS

#### Local Dog Trainers

Eileen Tonick, MA,  
International Association of  
Canine Professionals  
[www.angeldogstraining.net](http://www.angeldogstraining.net)

#### International Dog Trainers

Patricia McConnell, Ph.D.,  
Certified Applied Animal Behaviorist  
[www.patriciamcconnell.com](http://www.patriciamcconnell.com)

Cesar Millan, Host and trainer on National Geographic Channel series Dog Whisperer with Cesar Millan  
[www.cesarmillaninc.com](http://www.cesarmillaninc.com)